



hot shots

a quick look at what's sizzling in Queensland

SMOOTHIE HOUR

Yogen Fruz's Albert St store in Brisbane City is giving away free smoothies on Wednesday from 8am to 9am. Called the "hour of power", it will happen at the same time every Wednesday in February.

TROPICAL TASTERS

Elandra Mission Beach will host the Tastes of the Tropics festival from March to June with four of Australia's best chefs. Curtis Stone, Luke Mangan, Event columnist Matt Moran and Geoff Lindsay will host a series of cooking experiences and a gala dinner with packages starting from \$2500 (twin-share) including five nights' accommodation, breakfast daily, a massage, yoga class, Great Barrier Reef boat tour and other extras. For details, call 1800 079 090 or www.elandraresorts.com.

EXCHANGE UPDATE

After a multimillion-dollar refurbishment, the Exchange Hotel has reopened in Brisbane's CBD. The redesign features four bars, a rooftop terrace and custom-designed furniture and black-and-chrome fixtures. The two-level venue now targets corporates instead of the flocks of students who used to fill the place.

VALENTINE'S OFFERS

Hyatt Regency Sanctuary Cove has three offers for Valentine's Day. The first is a five-course candlelit dinner with wines and gift at The Fireplace for \$165 per person. The second is a seafood and dessert buffet with bubbly on arrival for \$85 per person at Cove Cafe. Or stay overnight at the resort with chocolates, bubbly on arrival, buffet breakfast for two at Cove Cafe and a late checkout from \$275 per night.

SHARE PLATES OFFER

Queens Arms Hotel in New Farm also is getting into the V-Day spirit with share plates. There are a dozen oysters with cucumber and chilli salsa for \$30, the chateaubriand with root vegetables and a selection of sauces for \$60, and a \$12 dessert plate with the chef's selection of samplers.

BEAUTIFUL FOOD

Jamaica Blue cafes has launched a new range of menu items called Simply Beautiful Food with everything from beetroot, spinach and walnut salad to smoked salmon potato cakes. They've also released a new range of lactose-free, 99 per cent fat-free drinks called Fruit Blendz.

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